



SPORT INTEREST GROUP (CAS-SIG)

TERMS OF REFERENCE

Purpose:

The Chiropractors' Association of Saskatchewan – Sport Interest Group (CAS-SIG) is established to provide a functioning sport interest group within the membership of the CAS, which group shall be a member of the Sport Medicine and Science Council of Saskatchewan (SMSCS) as defined by the SMSCS Bylaws.

Goals:

The CAS-SIG has the following goals:

- To provide sport specific professional development for members.
- To provide a forum for information sharing and best practices related to members' roles providing chiropractic care to athletes and sport organizations.
- To contribute to the development of the field of sport medicine and science.
- To explore other consulting opportunities with the SMSCS including developing minimum qualifications (if required).

Composition and Reporting:

The CAS-SIG shall have a minimum of six (6) members, with the following membership criteria:

- Licensed to practice chiropractic in the Province of Saskatchewan and a member in good standing with the CAS
- Knowledge of the latest methods of injury management and prevention for elite athletes
- Competence in various manual therapy mobilization and manipulative techniques
- Basic Life Support, Level C (BLS-C)
- Experience in elite, amateur, and/or professional athlete chiropractic care including competition and international travel
- Appreciation of issues and practices related to the World Anti-Doping Association and the Canadian Centre for Ethics in Sport

Additional desirable qualifications or certifications may include:

- Competence in provision of various soft tissue therapy techniques (including, but not limited to, manual myofascial release techniques, instrument assisted soft tissue mobilizations, therapeutic modalities and athletic taping or bracing)

The CAS-SIG representative to the SMSCS will serve as the Chair of the CAS-SIG. The representative to the SMSCS will be selected by the CAS Board, upon recommendation from the CAS-SIG members.

The CAS-SIG will provide reports to the CAS Board, at minimum once per year.

Meetings:

The CAS-SIG will meet a minimum of twice per year. Meetings may be held in-person or via teleconference/Webex.

This original document is acknowledged to likely evolve through successive updates, be expanded as needed, and serve different purposes over time.

CAS Board Approved: February 14, 2019